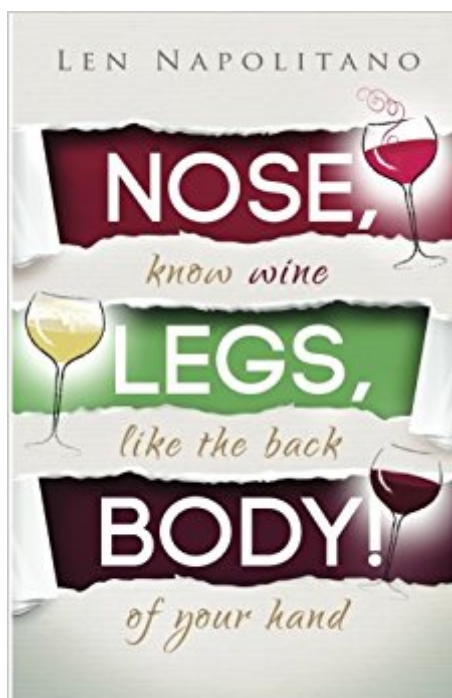


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# Nose, Legs, Body!: Know Wine Like The Back Of Your Hand



## Synopsis

Wine should enhance life, not complicate it. But you stress at reading a wine list, right? And it sounds like a different language when people talk about wine, doesn't it? That's how wine columnist Len Napolitano felt as a self-conscious wine amateur until he cut through a web of peculiar wine terms and complex subjects and transitioned into a practical wine professional. With this informative and entertaining new book, *Nose, Legs, Body! Know Wine Like The Back of Your Hand*, you go from wine beginner to wine savvy. Napolitano fits a bounty of information into 50 concise answers to common, yet critical, wine questions and concludes each chapter with hands-on wine tasting exercises to do at home. As you begin to understand wine and appreciate its potential to complement so much in life, you open new possibilities for joyful experiences in socializing, dining, and everyday living. So, let the wine education begin! From learning the basics to discovering the how's and why's of a great wine, your confidence will grow when talking about and choosing wine in any situation. *Nose, Legs, Body!* helps you:

- Strengthen your passion for wine by knowing its most pertinent terms, processes, and styles
- Gain confidence in making wine selections--at restaurants, wine shops, or online
- Improve your wine and food pairing experiences
- Learn wine subtleties through experiential instruction inside each chapter.

In an age of tweets and texts, *Nose, Legs, Body!* fits right in. You learn about wine with clear, brief explanations...simple, fast and easy! Len Napolitano, "wineologist" on TV's Fine Living Network, guides you in your first steps in wine--essential to exploring, learning, and tasting. With sincerity and whimsy, Len examines a wide range of subjects as you gain new and practical knowledge of wine in a concise and informal question-and-answer format. *Nose, Legs, Body!* is perfect for social wine drinkers, businesspeople who entertain wine-savvy clients, cooking hobbyists, food service professionals and anyone transitioning from a beer or martini as his or her beverage of choice to a crisp pinot grigio or robust cabernet sauvignon.

- Learn wine with *Nose, Legs, Body!*
- Stimulate conversation using your wine knowledge
- Impress guests with your wine selections and food pairings
- Picture yourself scanning a wine list with confidence!

Questions answered in *Nose, Legs, Body!*

1. How does wine get so many flavors and aromas?
2. How does wine get color?
3. What makes chardonnay, or any wine, taste different among producers?
4. Why are some wines blended?
5. Why are some wines filtered?
6. Why is wine aged in oak?
7. What is a wine appellation of origin?
8. What is a vineyard-designated wine?
9. What is terroir?
10. What is the relationship between wine and weather?
11. What is hang time?
12. What can be learned from a visit to a winery?
13. What's happening at a winery during harvest?
14. Do sulfites in wine give me a headache?
15. What is organic wine?
16. What is tannin?
17. Why do some dry wines taste sweet?
18. What is a "hot"

wine?19. What should I look for on a wine label?20. What's better--cork or screw cap?Plus 30 more, with quick-reference tables & glossary!Start increasing your wine intelligence today! Get Nose, Legs, Body!

## Book Information

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## Customer Reviews

GOLD AWARD, Non-fiction Authors Association""Written with humor and charm, this book would be a great addition to any wine lover's book collection."Awarded the Benjamin Franklin Digital Award Silver Seal of Excellence by IBPA, the Independent Book Publishers Association, in recognition of distinction and innovation in electronic book publishing."The author knows his subject and it shows. He writes with authority, but in a tone that is friendly and approachable. Thoroughly enjoyed reading his content, learned a lot about the subject, and feel that it provides good value and an interesting read." WINNER, Indie Reader 2014 Book Awards"NOSE, LEGS, BODY provides a wealth of helpful knowledge and facts all out of proportion to its relatively short length. This is a useful guide to anyone who isn't already a wine aficionado and who would like to be, or someone who would simply like to expand their appreciation of one of the finer pleasures in life."Â "Through it all, the author maintains a chatty, cheerful tone that suggests an old friend who genuinely appreciates wine and wants to share that joy with the reader."--Catherine Langrehr for IndieReader"If you like wine but are able to admit that you DO have a lot to learn you could do yourself a lot of good and buy this book. It is not even the price of an average bottle of "everyday wine" in many markets yet it is something that has the capability of changing your future relationship to wine in a very positive way indeed."

--YUM (Darren Ingram Media) Winner in the HOW TO category of the 2014 Next Generation Indie Book Awards; FINALIST, ForeWord Reviews 2014 Book of the Year Awards; Silver Award at 2014 Independent Publisher Book Awards

Having Italian ancestry, maybe it was inevitable that one day I would be immersed in the subject of wine. But it wasn't a typical journey getting here. I was born in an Italian section of Brooklyn, N.Y. and raised in a middle-class, blue-collar New York City "bedroom community" on suburban Long Island. Although a one-gallon jug of red wine was a permanent fixture in the refrigerator, my neighborhood of two-family homes was light years away from the nearest vineyard. After high school, I started college studying to become a music teacher! After one year, I switched gears to study mechanical engineering! Wine was not even a gleam in my eyes. It wasn't until I got close to 40 when I heard a calling to learn about wine and began a combination of self-study with class instruction, moved to California, and soon earned certification in wine knowledge from two national wine education organizations. Having been through the wine-ignorant stage, I understood and cared about one's desire to learn about wine, so my teaching instincts kicked in and I created a weekly wine education column in my local newspaper and started conducting wine appreciation classes in restaurants. In short time, my column, "Wineology: Intelligence For The Wine Consumer," was in several publications, winning me a spot on television as a wine specialist (a "wineologist") on TV's Fine Living Network. Today, I am involved in wine writing, wine making and winery management--I've authored *Nose, Legs, Body!*, a book specifically for wine beginners while I continue to write my wine column. I am also an oak specialist, consulting to winemakers, and I serve as a general manager for a small, luxury-brand winery in the Central Coast of California. Though I may not have taken a direct route to the world of wine, it feels like I was meant to be here all along.

There aren't many wine books that I'd recommend, but this is one that I do. It's more for a beginner or someone wanting a refresher, but the information is good. I borrowed it on Prime, but liked it enough that I purchased it for reference. The information is laid out in an easy-to-follow manner. It's a set of questions that lead from one to the next. It covers quite a few areas related to wine. One of the big drawbacks for many wine books is when they use information that is soon out of date. This book does a good job of avoiding those situations, with just a few of the suggestions running the risk of being incorrect years from now (this can happen if a winery goes out of business or substantially changes its reputation).

I worked in the wine industry as lobbyist to get state alcohol laws liberalized, and I read this book to improve my competency of how to actual understand and appreciate wine. Len helps take the snobby-ness out of learning about wine and how to understand its variety of unique qualities and traits. It has already transformed the way that I buy wine and view wine shops. I used to exclusively only drink Malbec but now I have some tools courtesy of this book to use when exploring other styles of wine. Highly recommend if you are look for an easy and straightforward read on how to appreciate wine.

The author has written about wine for print media and taught introductory classes on wine for many years. He takes common questions from those classes on wine tasting and brings them together in his book. Whether you want to get really serious about learning all the aromas of wine, or just take away enough information to navigate a wine book at a fom fom (snooty) restaurant, his recommendations and insight will definitely help you. I found the book very easy to read so be sure to tab and highlight where you find things most useful so you can go back to it again.

This is a very readable introduction to wine. It is written in a question and answer format. It doesn't give you in depth coverage by country as other books often do. I enjoyed reading it.

Well written; easy to look up key terms with great simple explanations. Use it when pouring wine and many customers have ordered for themselves.

What a great, informative book! Everything you wanted to know in laymans terms. Very user friendly and helpful. Also the book was labeled as "gently used" but you could have fooled me. It was in perfect condition!

Very funny and informative (and I don't drink wine!). Thoroughly enjoyed it.

Len Napolitano does a brilliant job of breaking down the finer points of wine in a clear manner. This is a book to cherish and reread over the years.

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